

*Jefferson County  
Behavioral Health Services  
Directory*



*Jefferson County*  
*Alcohol, Substance Abuse and Addiction*  
*Services*

Credo Community Center Treatment of Addictions  
595 West Main Street (outpatient)  
Watertown, NY 13601

Website: [www.credocommunitycenter.com](http://www.credocommunitycenter.com)  
(315) 788-1530 / Fax: (315) 788-3794

Outpatient: Monday-Thursday 8am-7pm, Friday 8am-5pm

Services Provided:

- Outpatient Substance Abuse
  - Individual treatment
  - Group Counseling
  - Individual counseling program
  - Specialized adolescent program
- Women's Residential
  - 1130 State Street Watertown, NY
  - (315) 779-1772 / Monday-Friday 8am-4pm
  - 16 and up with a diagnosis of alcohol/ chemical dependency
  - Individualized programs for recovery, life skills education, relapse prevention education
- The Farm – RRSY
  - Evans Mills, NY (888) 585-2228
  - Total rehabilitative environment and program on 115-acre farm. 40+ hours treatment a week.
- Men's Residential (2 Locations)- Community Residences
  - Winthrop Street & Washington Street Watertown, NY
  - Clean, safe, structured environment in a substance free home
  - Individualized programs of recovery
  - Life skills education
  - 6-12 month normal stay

Insurances Accepted:

- Private, Self Pay, Medicaid, Sliding Scale, Tricare



The Metro Jefferson Drug Task  
Force  
(315) 785-9555  
[jgolden@co.jefferson.ny.us](mailto:jgolden@co.jefferson.ny.us)

The Metro-Jefferson Drug Task Force is comprised of detectives from the Jefferson County Sheriff's Office, the Watertown Police Department, and the Jefferson County District Attorney's Office. The Task Force works closely with the New York State Police Central Narcotics Enforcement Team, the Jefferson County Probation Department, New York State Parole, the Drug Enforcement Administration of the United States Department of Justice and all local police agencies.

The Metro-Jefferson Drug Task Force is dedicated to making a difference in our community by pro-actively fighting against illegal narcotic trafficking and substance abuse.

The Task Force will remain diligent in the pursuit and apprehension of those individuals responsible for the import, distribution, and sales of narcotics and other substances in Jefferson County.



Jefferson County Drug Court  
163 Arsenal Street  
Watertown, NY 13601  
(315) 785-3052

Monday-Friday 9am-5pm

Services Provided:

- Specialty court that provides intensive supervision and treatment as an alternative to incarceration for non-violent drug addicted offenders.



PIVOT -Alcohol and Substance Abuse Services  
167 Polk Street Suite 320  
Watertown, NY 13601  
(315) 788-4660 / Fax (315) 788-4922  
Website: [www.pivot2health.com](http://www.pivot2health.com)

**Services Provided:**

- New York State Drinking Driver Program (DDP)
- Community Coalitions, Alliance for Better Communities
- Employee Assistance Programs (EAPs)
- Problem gambling prevention
- Local and Regional Meetings
- School health and prevention programming
  - Second Step
  - Life Skills
  - Bullying
  - Teen Intervene
  - Project Success
  - SPORT
- Prevention counseling
- Short term motivational counseling
- Information and Referral Service



Samaritan Addiction Services  
1575 Washington Street  
Watertown, NY 13601  
(315) 779-5074 / Fax: (315) 779-6678  
Website: <https://www.samaritanhealth.com/our-services/behavioral-health/addiction-services>

Monday-Friday 8am-5pm

Services Provided:

- Individuals age 13 and up
- Brief treatment to intensive outpatient services
- Substance abuse education
- Alcohol and drug refusal training
- Cognitive Behavioral Therapy
- Relapse prevention
- Women's and Men's issue groups
- Stress management
- Integrated dual recovery group

Insurances Accepted:

- Private, Self Pay, Medicaid, Tricare



*Caring. Healing. Leading.*  
**Samaritan**  
Health

Watertown Urban Mission  
247 Factory Street  
Watertown, NY 13601  
(315) 782-8440 / Fax: (315) 782-8441  
[www.watertownurbanmission.com](http://www.watertownurbanmission.com)

(July 1-August 31) Monday-Friday 8:30-12, 12:30-4  
(September 1- June 30) Monday-Friday 8:30-12, 1-4:30

Services Provided:

- Bridge Program
  - Helps people who are faced with legal issues due to alcohol or drug abuse
  - Sentenced to Bridge Program by the courts
    - Treatment options
    - Case management
    - STOP DWI Victim Impact Panels

Fee:

- Panels are free to the public
- If mandated to attend then a \$20 payment is required





*Jefferson County  
Mental Health  
Services*

Carthage Area Hospital Behavioral Health  
1001 West Street  
Carthage, NY 13619

Website: [www.carthageareahospital.com](http://www.carthageareahospital.com)

(315) 493-3300 / Fax: (315) 493-3306

Administrative Contact: (315) 493-3300

Monday-Friday 8am-6pm

**Services Provided:**

- Assist people with various emotional and mental health issues
- Referral required
- Licensed professional will conducted:
  - Adult & Child Services
  - Initial assessment and diagnosis
  - Verbal therapy
  - Medication therapy
  - Group therapy
  - Treatment planning
  - Play therapy
  - Clinical support
  - Health education

**Insurances Accepted:**

- Medicaid, Medicare, Sliding Fee, Private, Self Pay, Tricare



Child and Adolescent Wellness Clinic  
20104 NYS Rt. 3, Watertown NY 13601  
(315) 779-7170

Monday- Friday 8am-4:30 pm

Services Provided:

- Provides Outpatient Psychiatric Services to children and adolescents  
Age 5 to 17
- Insurances Accepted: Medicaid,  
Private Insurances, Sliding Scale, Self  
Pay, Tricare

Children's Home of Jefferson County SPOA/SPOE  
P.O. Box 6550 1740 State Street  
Watertown, NY 13601  
(315) 788-7430

Website: [www.nnychildrenshome.com/single-point-of-access-for-children-spoa/](http://www.nnychildrenshome.com/single-point-of-access-for-children-spoa/)

Services Provided:

- Child
  - Responsible for managing Jefferson County Single Point Access (SPOA) process
    - Children and family are linked to services which best meet their needs
    - Specifically designed to serve 17 and under who are experiencing mental or behavioral difficulties
    - Referrals for services are sent to SPOA coordinator who then presents to SPOA committee
      - Community based service providers are identified and assigned to assist.
- Adult
  - Responsible for managing Jefferson County Single Point Entry (SPOE) process
    - Individuals are linked to services which best meet their needs
    - Designed to serve 18 years and up who are experiences mental or behavioral difficulties
    - Adult care management
    - Referrals for services are sent to SPOE coordinator who then presents to SPOE committee
      - Community based service providers are identified and assigned to assist



Community Clinic of Jefferson County  
167 Polk Street Suite 300  
Watertown, NY 13601  
(315) 782-7445

Crisis Phone Number: (315) 782-2327

Website: [www.nnychildrenshome.com/community-clinic/](http://www.nnychildrenshome.com/community-clinic/)

Monday & Friday 8am-6pm, Tuesday & Thursday 7am-7pm,  
Wednesday 8am-8pm

Services Provided:

- Comprehensive treatment
  - Individual therapies
  - Couples/Family therapy
  - Group therapy
  - Psychopharmacologic treatment
  - Forensic evaluations and treatment
  - Neurofeedback
  - Psychological testing
- Recurring Treatment Groups
  - Anger management
  - Coping skills development
  - Stress management
  - Depression management
- Forensic Services
  - Tele psychiatry
  - Prevention services
  - Suicide assessment and interventions
  - Psychiatric counseling
  - Medical services
  - Rehabilitative services
  - Psychosocial and diagnostic assessment

Insurances Accepted:

- Medicaid, Medicare, Private Insurances,  
Sliding Scale, Self Pay, Tricare



Credo Mental Health Clinic  
595 West Main Street  
Watertown, NY 13601  
(315) 788-1530 / Fax: (315) 755-2596  
Website: [www.credocommunitycenter.com](http://www.credocommunitycenter.com)

Monday-Thursday 8am-7pm, Friday 8am-5pm

Services Provided:

- Ages 16+
- Psychiatric diagnostic evaluation
- Psychiatric services
- Social work services
- Individual, family and group therapy
- Coping skills training
- Referral services
- Wellness promotion
- Care coordination services
- Medication monitoring
- Helping deal with:
  - Grief and loss
  - Low self esteem
  - History of abuse
  - Trauma
  - Depression
  - Anger management
  - Behavioral problems
  - ADHA
  - Life Crisis
  - Family Conflict
  - Chronic mental health problems

Insurances Accepted:

- Private, Self Pay, Medicaid, Sliding Scale, Tricare



Family Counseling Service of Northern New York  
120 Washington Street Suite 510  
Watertown, NY 13601

Website: [www.fcsnny.org](http://www.fcsnny.org)  
(315) 782-4483 / Fax: (315) 785-9210

Monday-Thursday 9am-7pm, Tuesday and Wednesday 9am-8pm,  
Friday 9am-2pm

**Services Provided:**

- Anger management
- Animal assisted therapy
- Domestic violence counseling
- Sexual abuse counseling
- Play therapy
- Parenting education
- Family counseling
- Couples and martial counseling
- Individual counseling
  - Emotional distress
  - PTSD
  - Anxiety
  - Grief
  - Depression

**Insurances Accepted:**

- Private, Self Pay, Sliding Scale , Tricare



Fort Drum Behavioral Health Department  
Building P36  
Fort Drum, NY 13601  
[www.amedd.army.mil/clinics/bh.htm](http://www.amedd.army.mil/clinics/bh.htm)  
(315) 772-2778

Monday-Friday 7:30am- 3:30pm

Services Provided:

- Behavioral health counseling
- Individual and group medication management
- Tele-behavioral health services
- Alcohol and substance abuse treatment

Insurance Accepted:

- No fee, for active duty members only





Mental Health Association in Jefferson County  
425 Washington Street  
Watertown, NY 13601  
(315) 788-0970 / Fax: (315) 788-8092  
[www.facebook.com/MHAJC.org](http://www.facebook.com/MHAJC.org)

Days of Operation: Monday- Friday 8:30am-4pm

Services Provided:

- Advocacy
  - Transportation to and support at health and wellness
- Vets peer to Peer center
  - 247 State Street
  - (315) 681-6772 / Fax: (315) 221-4090
  - Monday, Wednesday, Friday 8:30am-4pm; Tuesday 12pm-7:30pm; Thursday 10am – 4pm
  - Drop in, non clinical, community based service that provides advocacy to all active duty members and vets
- Agape Project
  - Peer support for parents
  - Teaches life and parenting skills
  - Identifies appropriate resources geared toward keeping families together
- Bridges Program
- Various work units and educational areas to prepare for employment and recovery

Insurances Accepted:

- No Fee



Mental Health Association  
in Jefferson County, Inc.

North Country Family Health Center  
238 Arsenal Street  
Watertown, NY 13601  
Website: [www.nocofamilyhealth.org](http://www.nocofamilyhealth.org)  
(315) 782-6400 / Fax: (315) 782-1330

Monday-Friday 8am-4: 30pm, Friday 8am-4:30pm,

Services Provided:

- Individual, family and group therapy
- Psychological evaluations
- School based Health Centers
  - Watertown school district
  - South Jefferson school district

Insurances Accepted:

- Private, Self Pay, Medicaid, Sliding Scale, Tricare, Child Health Plus



Northern Regional Center for Independent Living  
210 Court Street Suite 107  
Watertown, NY 13601  
Website: <http://nrcil.net/>  
(315) 785-8703 / Fax: (315) 785-8612

Monday-Friday 8:30am-4:30pm

Services Provided:

- Advocacy
- Independent living program
- Family support services
- Parent training information center program
- Community connections programs
- Support groups

Insurances Accepted:

- No fee



River Hospital Behavioral Health  
3 James Street  
Alexandria Bay, NY 13607  
Website: [www.riverhospital.org](http://www.riverhospital.org)  
(315) 482-1277

Monday-Friday 8am-5pm

Services Provided:

- Intensive Outpatient Behavioral Health services for active duty members stationed at Fort Drum as well as the Mental Health needs of the local civilian community
- River Community Wellness Program (RCWP) Therapies Include:
  - Cognitive processing therapy
  - Group and individual therapy
  - Creative arts therapy
  - Movement therapy
  - Peer to peer therapy
  - Psychiatry and medication management

Insurances Accepted:

- Private, Self Pay, Medicaid, Tricare



Samaritan Hospital Medical Center Inpatient  
1575 Washington Street  
Watertown, NY 13601  
(315) 779-5060 / Fax: (315) 779-5028  
Website: [www.samaritanhealth.com](http://www.samaritanhealth.com)

Services Provided:

- Evaluation
- Medication management
- Individualized treatment
- Groups
- Leisure time activities
- 32 beds- average stay 7-10 days

Insurances Accepted:

- Private, Self Pay, Medicaid, Medicare, Tricare



Samaritan Outpatient Behavioral Health  
1575 Washington Street  
Watertown, NY 13601

Website: [www.samaritanhealth.com](http://www.samaritanhealth.com)  
(315) 779-5060 / Fax: (315) 779-5028

Monday- Thursday 8am-4:30pm, Friday 8am-5pm

Services Provided:

- Outpatient psychiatry
- Traditional outpatient addiction services
- Psychopharmacology
- Diagnosis
- Evaluation

Insurances Accepted:

- Private, Self Pay, Medicaid, Sliding Scale, Tricare



*Caring. Healing. Leading.*  
**Samaritan**  
Health

Transitional Living Services of Northern New York

482 Black River Parkway

Watertown, NY 13601

Website: [www.tlsnny.com](http://www.tlsnny.com)

(315) 782-1777

Monday-Friday 8am-4: 30pm

Services Provided:

- Treatment of both children and adults
- Medication management
- Counseling services
  - Group therapy
  - Couples counseling
  - Family therapy
  - Individual therapy
- Psycho educational sessions
- Supportive groups
- Adults
  - Health home case management
  - Supportive case management
  - Homeless case management
- Child
  - HCBS waiver services

Insurances Accepted:

- Private, Self Pay, Medicaid, Sliding Scale, Tricare



**Private Providers**

Beth Linderman – LCSW  
125 Sherman Street  
Watertown, NY 13601  
(315) 785-5550

Deborah Schryver Counseling – M.S.  
43223 New York 12  
Alexandria Bay, NY 13607  
(315) 686-6094

Diane Clark - LMHC  
200 Washington Street Suite 205  
Watertown, NY 13601  
(315) 778-0742

Hope Counseling Services  
205 Paddock Street  
Watertown, NY 13601  
(315) 788-9689  
Hours: Monday-Friday 8am-6pm

Lucy's House  
120 Washington Street  
Watertown, NY 13601  
(315) 755-2665



**Private Providers**

Jeffery Aronowitz, MD  
19332 US Route 11  
Watertown, NY 13601  
(315) 786-0190

Judith Pirro, LCSW  
716 Washington Street  
Watertown, NY 13601  
(315) 408-5661

Lori Gooding- LCSW  
117 Sherman Street  
Watertown, NY 13601  
(315) 405-2323

Ralph Marcellus- LCSW  
24384 State Route 12  
Watertown, NY 13601  
(315) 788-3550

Rubenzahl and Knudsen Psychological Services  
Thomas Knudsen- Psy.D.  
Samuel Rubenzahl- Ph.D.  
22670 Summit Drive Suite 2  
Watertown, NY 13601  
(315) 788-3332

Hours: Monday-Friday 8am-6pm

Stephen Fitzgerald- Psychologist  
18564 US Route 11  
Watertown, NY 13601  
(315) 785-8626

**Private Providers**

Toby Davis Psychological Services – Ph.D., MBA, CASAC  
410 State Street  
Carthage, NY 13619  
(315) 942-9977

*Jefferson County  
Children's Services*

Benchmark Family Services, Inc  
1635 Ohio Street  
Watertown, NY 13601  
(315) 786-7285

Monday-Friday 7:30am-5pm

Services Provided:

- Early Learning Center
- Pediatric therapy and daycare

Insurances Accepted:

- No Insurances Accepted, out of pocket expense



Children's Home of Jefferson County  
P.O. Box 6550 1704 State Street  
Watertown, NY 13601  
Website: [www.nnychildrenshome.com](http://www.nnychildrenshome.com)  
(315) 788-7430 / Fax: (315) 785-5637

Monday-Friday 8:30am-4: 30pm

Services Provided:

- Residential treatment center
- Therapeutic crisis respite program
- Non secure detention
- Foster care
- Community clinic
- SoZo teen center
- Visitation center
- Advantage after school
- Behavior to Health (B2H)
- Child intensive care management
- PINS prevention
- Article 10
- Post adoption

Insurances Accepted:

- Private, Self Pay, Medicaid, Sliding Scale, Tricare, No Fee



CHILDREN'S HOME  
OF JEFFERSON COUNTY  
*A Legacy of Compassion Since 1859*

Community Action Planning Council of Jefferson County  
518 Davidson Street  
Watertown, NY 13603  
Website: [www.capcjc.org](http://www.capcjc.org)  
(315) 782-4900 / Fax: (315) 788-8251

Monday-Friday 8am-5pm

Services Provided:

- Jefferson-Lewis childcare program
- Family center
- Head start and Pre K
- Housing and Energy Services
- Ready to Work Program

Insurances Accepted:

- No Fee



Cornell Cooperative Extension of Jefferson County  
203 North Hamilton Street  
Watertown, NY 13603  
Email: [Jefferson@cornell.edu](mailto:Jefferson@cornell.edu)  
Website: [www.ccejefferson.org](http://www.ccejefferson.org)  
(315) 788-8450 / Fax: (315) 788-8461

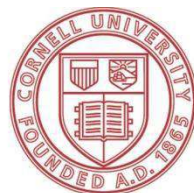
Monday-Friday 8:30am-4: 30pm

Services Provided:

- Nontraditional education on youth and family development
- Parenting
- Nutrition
- Health community development
- Agriculture and horticulture

Insurances Accepted:

- No Fee



Cornell University  
Cooperative Extension  
Jefferson County

Jefferson County Department of Social Services  
250 Arsenal Street  
Watertown, NY 13601

Website: [www.co.jefferson.ny.us](http://www.co.jefferson.ny.us)  
(315) 785-3133 / Fax: (315) 3346

Monday-Friday 9am-5pm

Services Provided:

- Oversees children's services
- Financial programs
- Prevention child protective services

Insurances Accepted:

- No Fee





Northern Regional Center for Independent Living  
210 Court Street Suite 107  
Watertown, NY 13601  
Website:<http://nrcil.net>  
(315) 785-8703 / Fax: (315) 785-8612

Hours vary depending on the group please contact Northern Regional Center for Independent Living for further information.

**Services Provided:**

- When Anger Controls Kids
- Social Skills Learning Group
- Love and Logic parenting classes (\$10 fee)
- Social Net

**Insurances Accepted:**

- No Fee



The House of Good Shepherd  
26515 NYS Route 3  
Watertown, NY 13601  
Website: [www.hgs-utica.com](http://www.hgs-utica.com)  
(315) 782-8064 / Fax: (315) 782-8572

Monday-Friday 9am-5pm

Services Provided:

- Crisis respite
- Intensive treatment program
- The Milton Abe love Children's Shelter
- Non-secure detention
- Foster care program
- Bridges to health
- Families forward
- Respite
- Quality improvement and training
- Therapeutic foster care
- Counseling
- Case management
- Family therapy
- Psychiatric and psychological consultation



Transitional Living Services of Northern New York

482 Black Drive Parkway

Watertown, NY 13601

Website: [www.tlsnny.com](http://www.tlsnny.com)

(315) 782-1777

Monday-Friday 8am-4: 30pm

Services Provided:

- Advantage after school
- Children's residential services
- Home and community based service waiver

Insurances Accepted:

- Private, Medicaid, Medicare, Tricare



*Jefferson County  
Disability Services*

Acces-VR  
333 East Washington Street Room 230  
Syracuse, NY 13202  
(315) 428-4179

**Services Provided:**

- Offers full array of services that may be needed by persons with disabilities through their lives
- Transitional and youth services
- Vocational rehabilitation
- Independent living services
- Business services
- Adult career and continuing education
- Vocational rehabilitation

**Insurances Accepted:**

- No Fee



Association for the Blind and Visually Impaired of Jefferson County  
321 Prospect Street  
Watertown, NY 13601

Email: [nanette@asnblindjeff.org](mailto:nanette@asnblindjeff.org)

Website: [www.asnblindjeff.org](http://www.asnblindjeff.org)

(315) 782-2451 / Fax: (315) 782-6890

Monday-Friday 8:30am-4pm

Services Provided:

- In home visits
- Support groups
- Vision rehabilitation instruction
- Eye screenings
- Loan cupboard
- Adaptive aids
- Referrals and Information

Insurances Accepted:

- No Fee



**The Association For The  
Blind & Visually Impaired  
Of Jefferson County, Inc.**



Cerebral Palsy Association of the North Country  
167 Polk Street  
Watertown, NY 13601

Website: [www.cpnorthcountry.org](http://www.cpnorthcountry.org)  
(315) 786-0983

**Services Provided:**

- Consumer Directed Personal Assistant Program
- Family Services
  - Medicaid service coordination
  - NYS Elks home service program
  - Family supportive case management
  - Reimbursement voucher subsidy
  - Development disabilities awareness program
- Community Living Opportunities
  - Individualized Residential Alternatives (IRA's)
  - Individualized Supportive Services (ISS)
  - Outdoor recreation program
  - Hourly respite
  - Day habilitation
  - Community habilitation
  - Children's accessible technology center
  - Assistive technology/ environmental modification

**Insurances Accepted:**

- Medicaid , Medicaid Managed Care Plans



Disabled Persons Action Organization  
617 Davidson Street  
Watertown, NY 13601  
Email: [dpao30@yahoo.com](mailto:dpao30@yahoo.com)  
Website: [www.dpao.org](http://www.dpao.org)  
(315) 782-5285 / Fax: (315) 782-6673

Monday-Friday 8am-4pm

**Services Provided:**

- Case Management/Medicaid Service Coordination/Plan of Care Support Services
- OPWDD Home/ Community Based Waiver Services
- Hourly Waiver Respite in home/ site based/ recreation/ youth summer recreation program
- Day habilitation certified site based or 1:1 in community
- Community habilitation 1:1 in home
- Supportive employment
  - Employment training program /Pathways to employment
- Autistic Recreation Program
- Free Standing Respite
- Assistive technology & environmental modifications
- Self Directed Services / Fiscal Intermediary
- Family Support Services
  - Family reimbursement/ voucher respite
  - Extracurricular activity reimbursement
  - Information, referral, and outreach
  - Parent support group
  - Workshops for individuals on residential waitlist
  - Snoozelin room/ behavioral management

**Insurances Accepted:**

- Medicaid





Hospice of Jefferson County  
1398 Gotham Street  
Watertown, NY 13603  
Website: [www.jeffhospice.org](http://www.jeffhospice.org)  
(315) 788-7323 / Fax: (315) 788-9653

Monday-Friday 8am-4:30pm

Services Provided:

- Hospice care
- Family support
- Grief support
- Nursing home
- Residential care
- Palliative care
- Short term respite care (up to 5 days)

Insurances Accepted:

- Private, Self Pay, Medicaid, Tricare



Jefferson Rehabilitation Center  
380 Gaffney Drive  
Watertown, NY 13601  
Website: [www.thejrc.org](http://www.thejrc.org)  
Email: [jrc@jeffrehabcenter.org](mailto:jrc@jeffrehabcenter.org)  
(315) 788-2730 / Fax: (315) 788-8557

Hours of Operation: Monday-Friday 8am-4:30pm

Services Provided:

- Services developmentally disabilities or intellectual disabilities
- Residential Programs
  - Intermediate Care Facility (ICF)
  - Individual Residential Alternative (IRA)
  - Supported apartments
  - Respite services
  - Hourly waiver respite
  - Community habilitation
- Clinical Services
  - Physical therapy
  - Speech therapy
  - Recreation
  - Psychological and psychiatric services
  - Assistive technology
- Day programming
- Supported employment
- Case management
  - Medicaid service coordination
  - Plan of care supported services
  - Self directed services
- Vocational and community base pre-vocational
- Preschool early intervention program
- Preschool special education program
- Funded by government sources, Medicaid



Literacy of Northern New York  
200 Washington Street  
Watertown, NY 13601  
Website: [www.proliteracynny.org/](http://www.proliteracynny.org/)  
(315) 782-4270

**Services Provided:**

- Provided one on one tutoring to adults who are non readers to 8<sup>th</sup> grade level
- English classes
- Basic math skills
- Computer literacy
- Budgeting
- Citizenship

**Insurance Accepted:**

- No Fee



*Jefferson County*  
*Emergency Services*  
&  
*Housing Services*

Catholic Charities  
812 State Street  
Watertown, NY 13601  
(315) 788-4330 / Fax: (315) 786-0539

Monday- Friday 8:30am- 4: 30pm

Services Provided:

- Individual, family counseling
- Administers TANF program
- Conducts maternity and parenting program
- Administers general catholic charities program



Community Action Planning Council  
518 Davidson Street  
Watertown, NY 13601  
(315) 782-4900

Monday-Friday 8am-5pm

Services Provided:

- Head Start
- Universal Pre K
- Jefferson-Lewis Childcare Program
- Housing and energy services
- The Family Center

Insurances Accepted:

- No Fee



Mental Health Association in Jefferson County  
425 Washington Street  
Watertown, NY 13601  
(315) 788-0970 / Fax: (315) 788-8092

**Services Provided:**

- **Drop In Center**
  - Provides a network of peer support
  - Offers activities and social opportunities
  - Prevents members from being isolated
- **Adult Respite**
  - Provides short stay in studio apartment for temporary relief from a stressful situation in order to avoid hospitalization or a crisis
- **HUD Homeless Housing Program**
  - Incorporates temporary housing for the homeless with working to identify and overcome barriers to obtain permanent housing



**Mental Health Association  
in Jefferson County, Inc.**



Neighbors of Watertown  
112 Franklin Street  
Watertown, NY 13601

Website: [www.neighborsofwatertown.com](http://www.neighborsofwatertown.com)  
(315) 782-8497 / Fax: (315) 782-0102

Days of Operation: Monday-Friday 8am-5pm

Services Provided:

- Community development organization
- First time homebuyer program
- County wide owner occupied home rehabilitation program
- Rental rehabilitation program
- Homebuyer Education Program
- Buy/Rehab/Resell
- Housing Rehabilitation Program
- Development
- Case Management



North Country Family Health Center  
238 Arsenal Street  
Watertown, NY 13601  
[www.nocofamilyhealth.org](http://www.nocofamilyhealth.org)  
(315) 782-6400 / Fax: (315) 782-1330

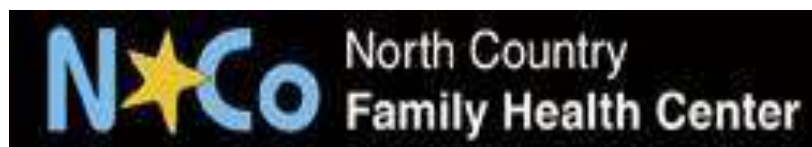
Monday-Friday 8am-4: 30pm

Services Provided:

- Health Care For All
  - Provides direct medical, dental and behavioral health services
  - Care coordination
  - Referral facilitation for individuals who are homeless or experiencing unstable and non permanent living situations
- Advocacy with Department of Social Services
- Referral for all Mental Health and Substance Abuse services

Insurances Accepted:

- Private insurance, Tricare, Sliding Scale, Medicaid, Child Health Plus



Northern New York Cerebral Palsy Association  
714 Washington Street  
Watertown, NY 13601

Website: [www.nnycerebralpalsy.org](http://www.nnycerebralpalsy.org)  
(315) 788-5650 / Fax: (315) 788-9186

Monday-Friday 8am-4pm

**Services Provided:**

- Assistance, information/referrals and advocacy for a variety of developmental disabilities
  - Family support
  - Family reimbursement
  - Voucher respite reimbursement
  - Medicaid service coordination
  - Community habilitation
  - Day habilitation
  - Environment modifications / Assistive Technology
  - Family education and trainings
  - Support groups
  - Plan of care services
  - Front door trainings
  - Medical care specializing in orthopedic care

**Insurances Accepted:**

- Medicaid, Medicare, Private Insurance, Self Pay, Sliding Scale, Tricare



Northern Regional Center for Independent Living  
210 Court Street Suite 107  
Watertown, NY 13601  
Website:<http://nrcil.net>  
(315) 785-8703 / Fax: (315) 785-8612

Monday-Friday 8:30am-4:30pm

Services Provided:

- Independent living program
- Community connections programs
- Family support services
- Parent training information center program
- Educational classes and workshops
- Support groups



Transitional Living Services of Northern New York

482 Black Drive Parkway

Watertown, NY 13601

Website: [www.tlsnny.com](http://www.tlsnny.com)

(315) 782-1777

Services Provided:

- Must have a mental health diagnosis
  - Residential services
  - Supported housing
  - Health home case management
  - Homeless case management

Insurances Accepted:

- No Fee



Victims Assistance Center of Jefferson County  
120 Arcade Street  
Watertown, NY 13601  
Website: [www.vacjc.com](http://www.vacjc.com)  
(315) 782-1823 / Fax: (315) 782-3760  
Crisis Phone Number: (315) 782-1855

Monday-Friday 8am-4: 30pm

Services Provided:

- 24 hour safe shelter
- Homeless housing
- Counseling
- Advocacy
- Immediate response team
- Community outreach
- Preventative training

Insurance Accepted:

- No Fee



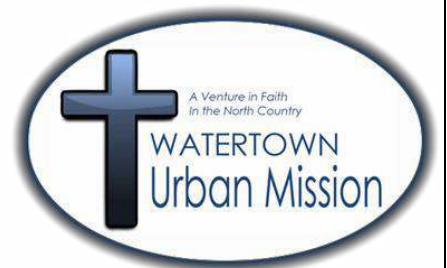
*Victims Assistance  
Center  
of Jefferson County, Inc.*

Watertown Urban Mission  
247 Factory Street  
Watertown, NY 13601  
(315) 782-8440 / Fax: (315) 782-8441

(July 1-August 31) Monday-Friday 8:30-12, 12:30-4  
(September 1- June 30) Monday-Friday 8:30-12, 1-4:30

Services Provided:

- Critical needs
- Food pantry
- Hearth- rental assistance
- Impossible Dream Thrift Store
- Christian Care Center
- Meals on Wheels
- Food Sense Program



## **Respite Providers**

Cerebral Palsy of the North Country  
167 Polk Street  
Watertown, NY 13601  
(315) 786-0983

Children's Home of Jefferson County  
P.O. Box 6550 1704 State Street  
Watertown, NY 13601  
(315) 788-7430

Disabled Persons Action Organization  
617 Davidson Street  
Watertown, NY 13601  
(315) 782- 5285

Hospice of Jefferson County  
1398 Gotham Street  
Watertown, NY 13603  
(315) 788- 7323

Jefferson Rehabilitation Center  
380 Gaffney Drive  
Watertown, NY 13601  
(315) 788-2730

The House of Good Shepard  
26515 NYS Route 3  
Watertown, NY 13601  
(315) 782-8064

Transitional Living Service of Northern New York  
482 Black River Parkway  
Watertown, NY 13601  
(315) 782-1777



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Jefferson County Community Services  
175 Arsenal Street, Watertown NY 13601  
(315) 785-3283